

## Mia Walker

Has attended 6 days of training and completed these on the  $13^{\text{TH}}$  June 2024

## Level 2 NatureWell Nature and Health Facilitator Course

## Covering

An Introduction to Nature & Health and Green Care
The 5 pathways to nature connectedness and pro nature behaviours
Introduction to Eco-Psychology and the Natural Self Approach
Understanding nature-based skills for working with people
Individual and group facilitation skills for working with people in nature and health
Developing nature-based interventions for health and wellbeing
Introducing professional practice

Signed on behalf of Natural Academy

Caroline Schofield Tutor Michéal Connors Tutor



Please note this is an attendance certification a full certificate is issued by OCN on final completion any questions contact us below.